

Rhubarb Meatloaf

- ½ cup oatmeal
- ⅓ cup whole milk
- 2 green onions, chopped
- ½ cup finely chopped rhubarb (or celery)
- 2 medium carrots, grated
- 2 tsp salt
- ½ tsp pepper
- 2 pounds grass fed beef
- 2 slices of bacon, finely chopped
- 2 tsp Worcestershire
- 2 tsp soy sauce
- ⅓ cup rhubarb ketchup (see accompanying recipe)
- 2 eggs, beaten
- 2 T brown sugar
- ¼ cup fresh parsley, chopped (or 1 tsp dried)
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- ⅓ cup rhubarb ketchup
- 2 T brown sugar

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Mix ingredients all together, very well.

Put in a loaf pan, skillet or 9x9 and bake at 350 for about an hour.

Mix ketchup and sucanat or brown sugar together and midway through, spread ketchup over the top.

Let sit 10 minutes before serving.